

Scotholme

Believe in Yourself

Year 6 Online Safety 2018-19



Be Internet Legends

Stay Sharp

Think before you share.
Thoughtfully consider what you share and with whom.
Understand the consequences that come along with sharing.
Keep extra sensitive information to yourself e.g. passwords, addresses.

Be Alert

Check that it's real.
Know how to tell the difference between what's real and what's fake.
Understand phishing and how to report it.
Spot the signs of a potential scam.

For more information on these, visit the [Be Internet Legends toolkit](#).

Secure

Secure your stuff.
Take responsibility for protecting important information.
Craft unique and memorable passwords.
Create strong passwords by combining characters, numbers and symbols.

Be Kind

Respect each other.
Use the power of the Internet to spread positivity.
Block mean-spirited or inappropriate behaviour.
Speak up against bullying and report it every time.

Be Brave

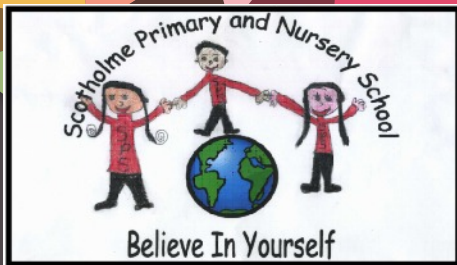
When in doubt, discuss things!
Speak up when you notice inappropriate behaviour.
Stand up when you see something you are not comfortable with.
Report when you witness people being treated poorly online.

Talk, talk talk!

Make sure you talk about using the Internet - the more we all talk about it, the more confident all of us will be.

www.scotholme.com

0115 978 1968



Scotholme

Believe in Yourself

Our Internet, Our Choice, So...

- Choose to ask for consent
- Choose to be supportive and positive
- Choose to be in control
- Choose to find out more
- Choose to talk about it.

Everything on the Internet is down to your choices. Remember, with great power comes great responsibility. Use it wisely to keep yourself and others safe.

Confident Me

Every child should grow up feeling confident about their looks. With children being continually exposed to images online which have been altered or filters applied, their concept of what is real can be distorted.

We are all individual and we all have a right to be ourselves.

Anxiety about appearance has been linked to poorer concentration and less engagement in class, resulting in worse academic performance.

- Out of 10 girls admit that worry about their looks makes them withdraw from activities they would normally do.
- The number of boys feeling similar anxieties is on the rise, mainly because of the pressures social media and the Internet are placing on them.

Talk, talk talk!

Make sure you talk about using the Internet - the more we all talk about it, the more confident all of us will be.

www.scotholme.com

0115 978 1968